

# High-Speed Executive Development

Proactive executive coaching experience to accelerate success and avoid common executive pitfalls.



## SOLUTION:

Pressure Point™ Development

## **YOUR VALUE:**

Address the potential risks and costs of executive failure with proactive coaching to help executives succeed faster.

## VALUE TO LEADERS:

Executives find their key pressure points and learn to avoid the pitfalls ahead, helping them find clarity and reduce stress. *"I didn't have a true sense of the executive culture and how to thrive and succeed. This helped me understand the top priorities of my role."* 

**Executive participant** 

# WITH PRESSURE POINT DEVELOPMENT EXECUTIVES CAN:



## Anticipate Complexities

Executives learn to see what's coming their way and how to avoid the pitfalls ahead.

1



Succeed Faster

Coaches are laser focused on rapidly helping new or soon-to-be executives hit the ground running.



## Build Resilience

Executives understand how to overcome the key pressure points that cause them to struggle.



## Improve Self-Awareness

Executives gain deep insight into themselves, their capability, what they need to do to develop executive effectiveness, and their future at your company.





## SOLUTION AT A GLANCE

#### Personalized for Each Executive

An individual development plan with actionable next steps prepares executives to overcome specific challenges.

## Anchored on Research

DDI's framework of the Four Forces of Executive Pressure and library of common pitfalls are based on decades of assessing and developing executives worldwide.

#### **Focused and Efficient**

Uniquely designed for emerging or early executives to complete within 6 to 8 weeks.

#### **Structured Yet Flexible**

Executives and HR teams have full visibility of the process and output, with options to enhance with cohort-based experiences and additional coaching sessions.

## **World-Class Coaches**

A mix of current or former executives, organizational psychologists, and business consultants, our coaches have deep experience providing objective feedback and guidance to drive performance.

## Four Forces of Executive Pressure



## **HOW IT WORKS**

## 1.

## **Program Launch**

A DDI coach meets with the participant's manager to discuss role expectations, challenges, motivations, and aspirations.

# 2.

Personal Assessment and Reflection An overview and self-assessment helps the participant to understand the challenges and complexities of senior roles.

## 3.

# Three Pressure Point Sessions

Coach and participant engage in a structured, individualized, reflection on the pressures that the participant currently faces and will face. Together, they identify likely pitfalls and create a plan for development priorities. 4.

## LEAF Individual Development Plan The coach and participant build Learning targets.

participant build Learning targets, Experience needs, Application plans, and critical Feedback to sustain progress.

# 5.

## Debrief

The participant reviews development priorities and next steps from the LEAF Plan with their manager.

## **Examples of Common Executive Pitfalls**

#### **Tactical Obsession**

Remaining overly involved in operational or tactical activities

## Symptoms:

2

- · Involvement in "everything"
- Lack of initiative from team players
- · Private frustration among strongest players
- · Erosion of team capability
- Overload; fatigue

## **Passive Politics**

Accepting partnerships at face value, without effort to anticipate and positively influence stakeholders

## Symptoms:

- · Unexpected stakeholder resistance
- Difficulty overcoming performance obstacles
- · Lack of advocacy for proposed plans or changes
- Superficial relationships with other executives